

# Adaptive Modulation and Coding

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# Contents

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- Adaptive Techniques
  - Variable-Rate
  - Variable-Power
  - Variable-Coding
- Variable-Rate Variable-Power MQAM
  - Adaptive Modulation (rate) and adaptive transmit power assignment



**Chap. 9**  
**AMC**

# Introduction (1)

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- Adaptive modulation and coding enable robust and efficient transmission over **time-varying channel**.
- AMC requires **the channel estimation at the receiver and the feedback of this estimation** to the transmitter (**rate and/or power adaptation**)
  - The transmitter takes advantage of favorable channel condition to send at higher data rate (**the increased average throughput**) or lower power (**the reduced required tx power**)
  - The transmitter reduces the data rate or increases tx power as the channel degrades (**the lower error probability**)

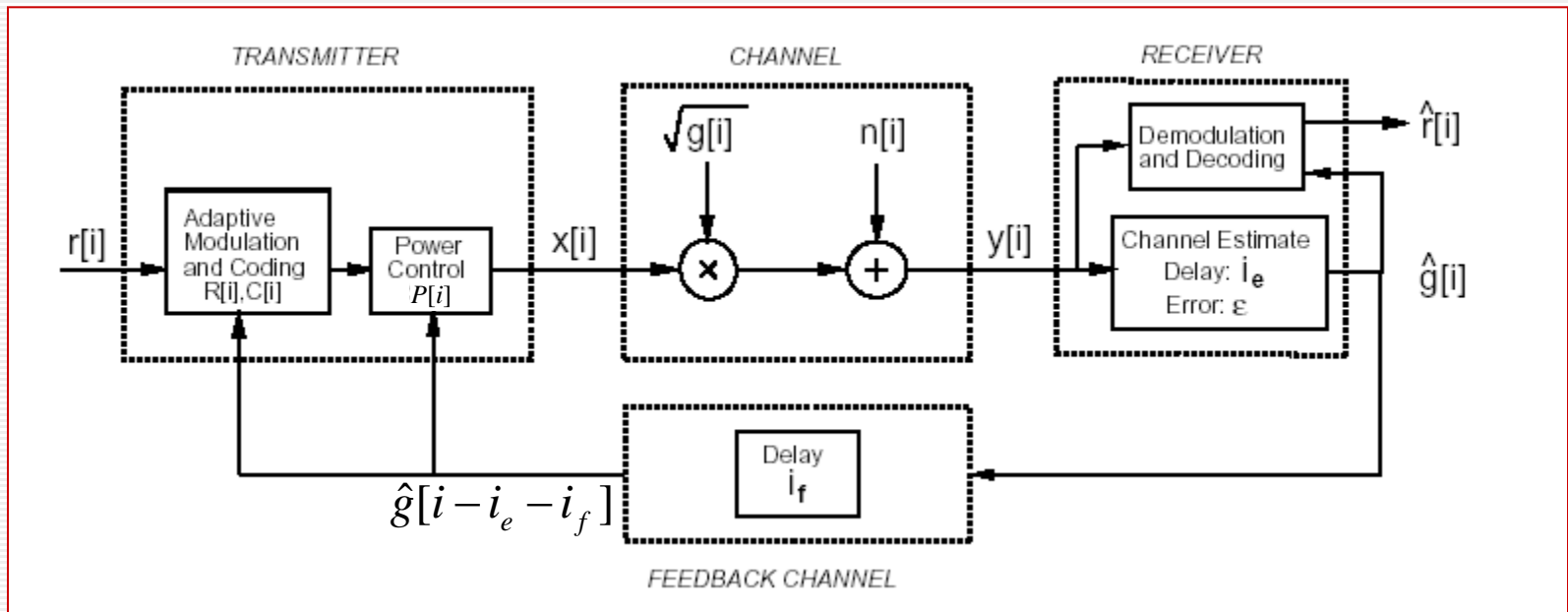
# Introduction (2)

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- Several practical constraints
  - A feedback channel is required
  - If the channel is changing faster than it can be reliably estimated, adaptive techniques will poorly perform.
  - Adaptive modulation typically varies the data rate but, in fixed-rate applications with tight delay constraint, it should minimize the outage probability.

# Adaptive Transmission System

- We estimate the power gain at time  $i$ :  $\hat{g}[i]$
- Suppose that the tx power, data rate, and/or coding parameter are estimated based on the SNR estimate  $\hat{\gamma}[i] = \bar{P}\hat{g}[i]/N_0B$  ( $\bar{P}$ : average power)
- Adaptive transmission system adjusts the data rate  $R[i]$ , the tx power  $P[i]$ , the coding parameter  $C[i]$  according to  $\hat{\gamma}[i]$



# Variable-Rate Adaptive Technique

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- In variable-rate modulation, the data rate  $R[\gamma]$  is varied relative to the channel gain  $\gamma$ 
  - Fixed symbol rate and multiple modulation schemes or constellation size (easy practically)
  - By fixing the modulation and changing the symbol rate
- In general, the modulation parameters are fixed over a frame
- Most of wireless systems vary their modulation and coding (transmission rate) according to channel gain
- In usual, a discrete set of modulation types or constellation sizes are used: MCS level mapping relative to the channel gain

# Variable-Power Adaptive Technique

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- Adapting the transmit power for compensating for SNR variation due to fading
  - The goal is to maintain a fixed error probability or a constant received SNR
  - The power adaption inverts the channel fading so that the channel appears as an AWGN channel to the modulator/demodulator
  - Under the truncated channel inversion

- $$\frac{P(\gamma)}{\bar{P}} = \begin{cases} \sigma/\gamma & \gamma \geq \gamma_0 \\ 0 & \gamma < \gamma_0 \end{cases}$$

where  $\sigma = \left( \mathbb{E}_{\gamma_0} [1/\gamma] \right)^{-1} = \left( \int_{\gamma_0}^{\infty} \frac{1}{\gamma} p(\gamma) d\gamma \right)^{-1}$

and is a constant received SNR

# Variable-Coding Adaptive Technique

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- Adaptive coding can be implemented by **multiplexing** together codes with different error correction probability
- The channel should remain roughly constant over the block or constraint length of the code
- Adaptive coding is particularly useful when the modulation must remain fixed, over slowly varying channel
- Rate-compatible **punctured** convolutional code
  - An alternative technique to code multiplexing
  - The basic premise of RCPC code is to have a single encoder and decoder
  - Error correction capability is modified by not transmitting certain coded symbols (puncturing)



# Hybrid Adaptation Techniques

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- Rate adaptation is often combined with power adaptation
- Adaptive modulation and coding is currently used in both cellular systems and wireless LANs

# Variable-Rate Variable-Power MQAM

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- The rate and power of MQAM are varied to maximize spectral efficiency while meeting a given instantaneous  $P_b$  target.
- Consider a family of MQAM with a fixed symbol time  $T_s$  ( $= 1/B$  with ideal Nyquist pulse shaping)

# Error Probability Bound

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- The rate and power of MQAM are varied to maximize spectral efficiency while meeting a given instantaneous  $P_b$  target.
- Consider a family of MQAM with a fixed symbol time  $T_s$  ( $= 1/B$  with ideal Nyquist pulse shaping)
  - In AWGN with the tx power  $\bar{P}$ ,  $\frac{E_s}{N_0} = \frac{\bar{P}T_s}{N_0} = \frac{\bar{P}}{N_0B} = \gamma$
- The BER for an AWGN channel with MQAM modulation, ideal coherent phase detection, SNR  $\gamma$ 
  - since it is easy to invert, we use  $P_b \leq 2e^{-1.5\gamma/(M-1)}$
  - A tight bound (good to within 1 dB for  $M \geq 4$  and  $0 \leq \gamma \leq 30$  dB)
    - $P_b \leq 0.2e^{-1.5\gamma/(M-1)}$
- In fading channel with nonadaptive transmission (constant tx power and rate), the average BER is obtained by integrating the BER in AWGN over the fading distribution.

# Adaptive Rate and Power Scheme (1)

- Consider the tx power  $P(\gamma)$  relative to  $\gamma$ , subject to the average power constraint  $\bar{P}$  and an instantaneous BER constraint  $P_b(\gamma) = P_b$

- $$P_b(\gamma) \leq 0.2 \exp\left[-\frac{1.5\gamma}{M-1} \frac{P(\gamma)}{\bar{P}}\right]$$

- $$M(\gamma) = 1 + \frac{1.5\gamma}{-\ln(5P_b)} \frac{P(\gamma)}{\bar{P}} = 1 + K\gamma \frac{P(\gamma)}{\bar{P}}$$

- Adjust the tx power and modulation order
  - power adaption
  - adjustment of modulation order

- Maximizing the following subject to  $\int_0^\infty P(\gamma) p(\gamma) d\gamma = \bar{P}$

- $$E[\log_2 M(\gamma)] = \int_0^\infty \log_2\left(1 + \frac{K\gamma P(\gamma)}{\bar{P}}\right) p(\gamma) d\gamma$$

- Optimal power adaption policy:  $K \frac{P(\gamma)}{\bar{P}} = \begin{cases} 1/\gamma_K - 1/\gamma & \gamma \geq \gamma_K \\ 0 & \gamma < \gamma_K \end{cases}$  Water filing

- $\gamma_K$  is a cutoff to satisfy  $\int_{\gamma_K}^\infty \left(\frac{1}{\gamma_K} - \frac{1}{\gamma}\right) p(\gamma) d\gamma = K$

- The average spectral efficiency:  $\frac{R}{B} = E[\log_2 M(\gamma)] = \int_{\gamma_K}^\infty \log_2\left(\frac{\gamma}{\gamma_K}\right) p(\gamma) d\gamma$

$$M(\gamma) = \gamma/\gamma_K$$

# Adaptive Rate and Power Scheme (2)

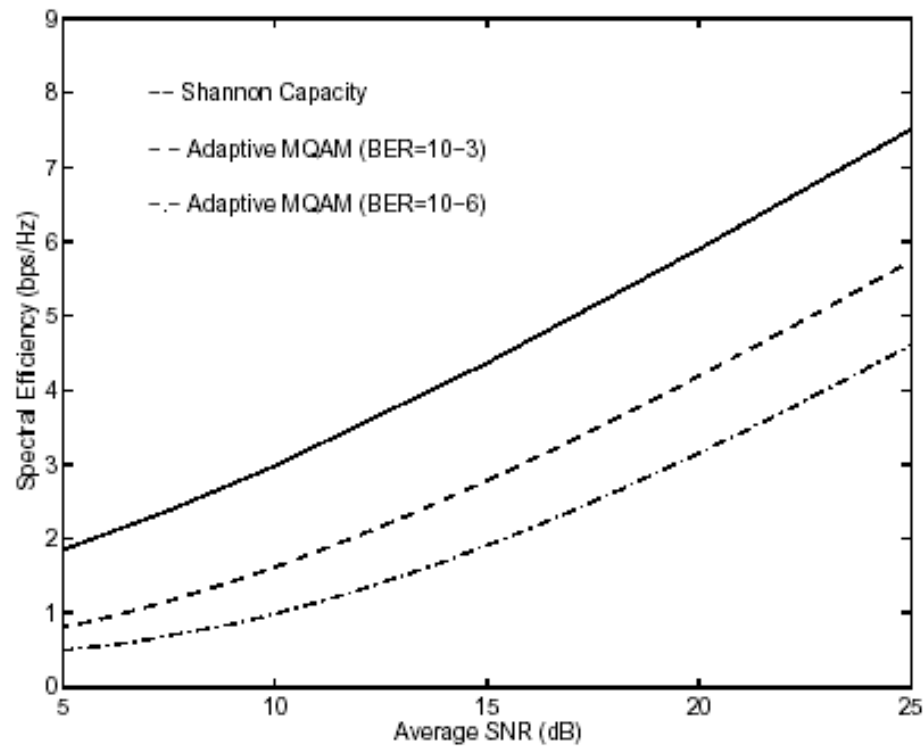


Figure 9.3: Average Spectral Efficiency in Rayleigh Fading.

# Channel Inversion with Fixed Rate (1)

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- Channel inversion power adaptation to maintain a fixed received SNR

- $P(\gamma)/\bar{P} = \sigma/\gamma$  with  $\sigma = 1/E[1/\gamma]$  (1)

- $\frac{R}{B} = \log_2 M = \int_0^\infty \log_2 \left( 1 + \frac{1.5\gamma}{-\ln(5P_b)} \frac{P(\gamma)}{\bar{P}} \right) p(\gamma) d\gamma$   
 $= \log_2 \left( 1 + \frac{1.5}{-\ln(5P_b) E[1/\gamma]} \right)$  (2)

- Truncated channel inversion

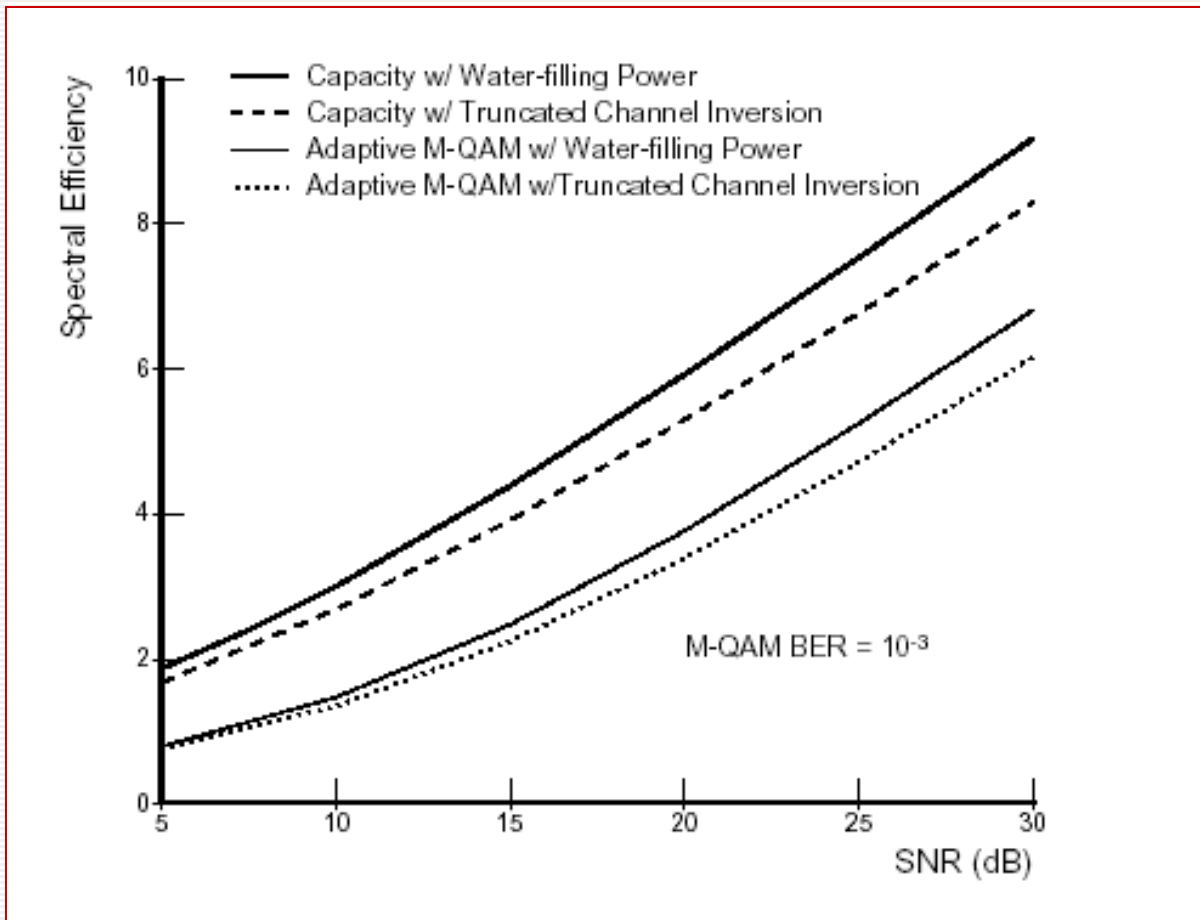
- $\frac{P(\gamma)}{\bar{P}} = \begin{cases} \sigma/\gamma & \gamma \geq \gamma_0 \\ 0 & \gamma < \gamma_0 \end{cases}$  where  $\sigma = \frac{1}{E_{\gamma_0}[1/\gamma]} = \int_{\gamma_0}^\infty \frac{1}{\gamma} p(\gamma) d\gamma$  (3)

- $\frac{R}{B} = \max_{\gamma_0} \log_2 \left( 1 + \frac{1.5}{-\ln(5P_b) E_{\gamma_0}[1/\gamma]} \right) p(\gamma > \gamma_0)$  (4)

- Determine the modulation order using (2) or (4)
- Adjust the tx power according to  $\gamma$  using (1) or (3)

# Channel Inversion with Fixed Rate (2)

- Rayleigh fading channel



# Discrete-Rate Adaption (1)

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- Assume a set of square constellations of size  $M_0=0$ ,  $M_1=2$ , and  $M_j=2^{2^{(j-1)}}$ ,  $j = 2, \dots, N-1$
- The choice of constellation depends on the fade level over the symbol time
- Choosing the  $M_0$  constellation corresponds to no data transmission
- For each value of  $\gamma$ , we must decide which constellation to transmit and what the associated transmit power should be
- A continuous-power discrete-rate adaptation scheme
  - The range of  $\gamma$  :  $N$  fading region  $R_j = [\gamma_{j-1}, \gamma_j)$
  - Choose the constellation  $M_j$  when  $\gamma \in R_j$  (spectral efficiency:  $\log_2 M_j$ )
  - The boundaries can be optimized to maximize spectral efficiency but cannot be found in closed form
    - suboptimal solution: find  $j$  such that  $M_j \leq M(\gamma) < M_{j+1}$ , where  $M(\gamma) = \gamma / \gamma_K^*$
    - spectral efficiency :  $\frac{R}{B} = \sum_{j=1}^{N-1} \log_2(M_j) p(M_j \leq \gamma / \gamma_K^* < M_{j+1})$



# Discrete-Rate Adaption (2)

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- We find  $\gamma_K^*$  to maximize

- $\frac{R}{B} = \sum_{j=1}^{N-1} \log_2(M_j) p(M_j \leq \gamma / \gamma_K^* < M_{j+1})$

- subject to the power constraint

$$\sum_{j=1}^{N-1} \int_{\gamma_K^* M_j}^{\gamma_K^* M_{j+1}} \frac{P_j(\gamma)}{\bar{P}} p(\gamma) d\gamma = 1,$$

$\swarrow M_j = 1 + K\gamma P_j(\gamma) / \bar{P}$

$$\text{where } \frac{P_j(\gamma)}{\bar{P}} = \begin{cases} (M_j - 1)(1/K\gamma) & \text{if } M_j < \gamma / \gamma_K^* \leq M_{j+1} \\ 0 & \text{if } M_j = 0 \end{cases}$$

- Discrete rate adaptation

- Choose  $M_j$  such that  $M_j \leq \gamma / \gamma_K^* < M_{j+1}$ , according to  $\gamma$

- Continuous power adaptation

- $P_j(\gamma) = \begin{cases} \bar{P}(M_j - 1)(1/K\gamma) & \text{if } j \neq 0 \\ 0 & \text{if } j = 0 \end{cases}$

# Discrete-Rate Adaption (3)

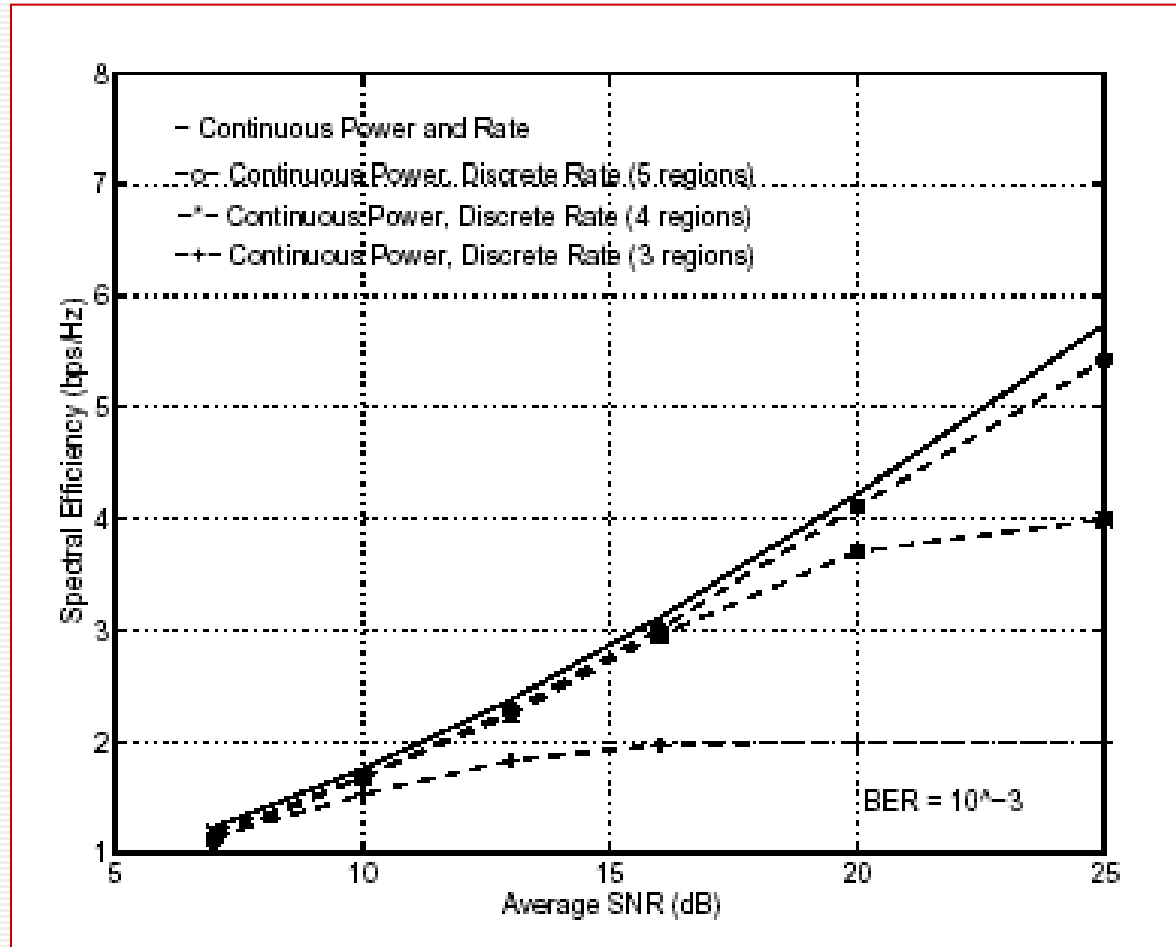
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- Rate and power adaptation for five regions

| Region, $R_j$ | $\gamma$ range                       | $M_j$ | $P_j(\gamma)/\bar{P}$ |
|---------------|--------------------------------------|-------|-----------------------|
| 0             | $0 \leq \gamma/\gamma_K^* < 2$       | 0     | 0                     |
| 1             | $2 \leq \gamma/\gamma_K^* < 4$       | 2     | $1/K\gamma$           |
| 2             | $4 \leq \gamma/\gamma_K^* < 16$      | 4     | $3/K\gamma$           |
| 3             | $16 \leq \gamma/\gamma_K^* < 64$     | 16    | $15/K\gamma$          |
| 4             | $64 \leq \gamma/\gamma_K^* < \infty$ | 64    | $63/K\gamma$          |

# Discrete-Rate Adaption (4)

## Rayleigh Fading



# Discrete-Rate Adaption (5)

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- Total channel inversion

- $\frac{R}{B} = \log_2 \left\lfloor 1 + \frac{1.5}{-\ln(5P_b)E[1/\gamma]} \right\rfloor_M$ ,

where  $\lfloor x \rfloor_M$  is the largest number in set  $M = \{M_0, \dots, M_{N-1}\}$  less than or equal to  $x$ .

- $P(\gamma) = \frac{\bar{P}}{\gamma E[1/\gamma]}$

- Truncated channel inversion

- $\frac{R}{B} = \max_{\gamma_0} \log_2 \left\lfloor 1 + \frac{1.5}{-\ln(5P_b)E_{\gamma_0}[1/\gamma]} \right\rfloor_M p(\gamma > \gamma_0)$

- $P(\gamma) = \frac{\bar{P}}{\gamma E_{\gamma_0}[1/\gamma]}$

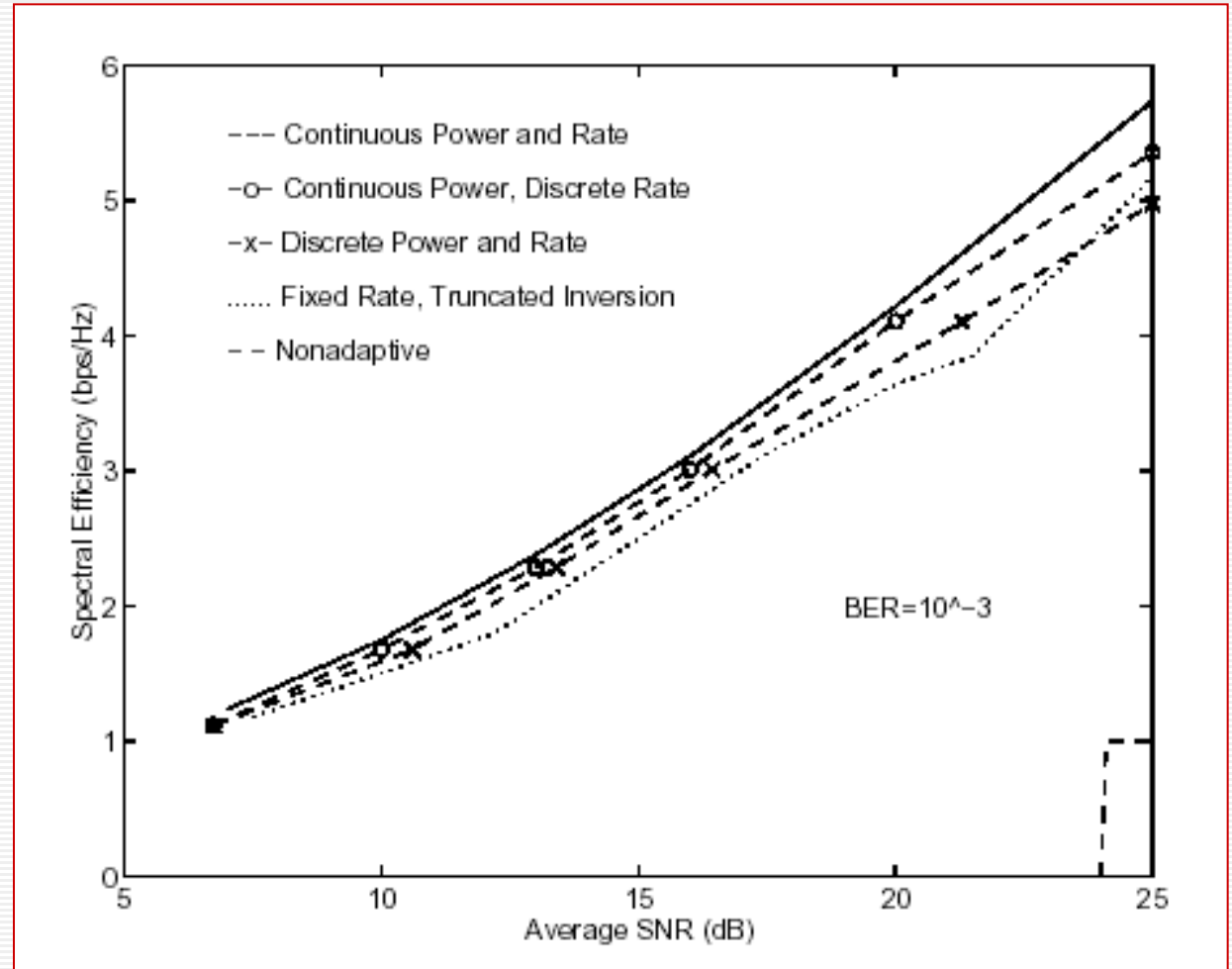
# Discrete-Rate Adaption (6)

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- Discrete-rate and discrete-power
  - A constant transmit power for each constellation  $M_j$
  - Since the tx power and constellation size are fixed in each region, the BER varies with  $\gamma$  in each region
  - The boundaries and tx power must be set to achieve a given target average BER

# Discrete-Rate Adaption (7)

## Rayleigh Fading



# Exact versus Approximate Bit Error Probability (1)

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- The adaptive policies in prior sections are based on the BER upper bounds  $P_b \leq 0.2e^{-1.5\gamma/(M-1)}$  and this leads to a lower BER than the target.

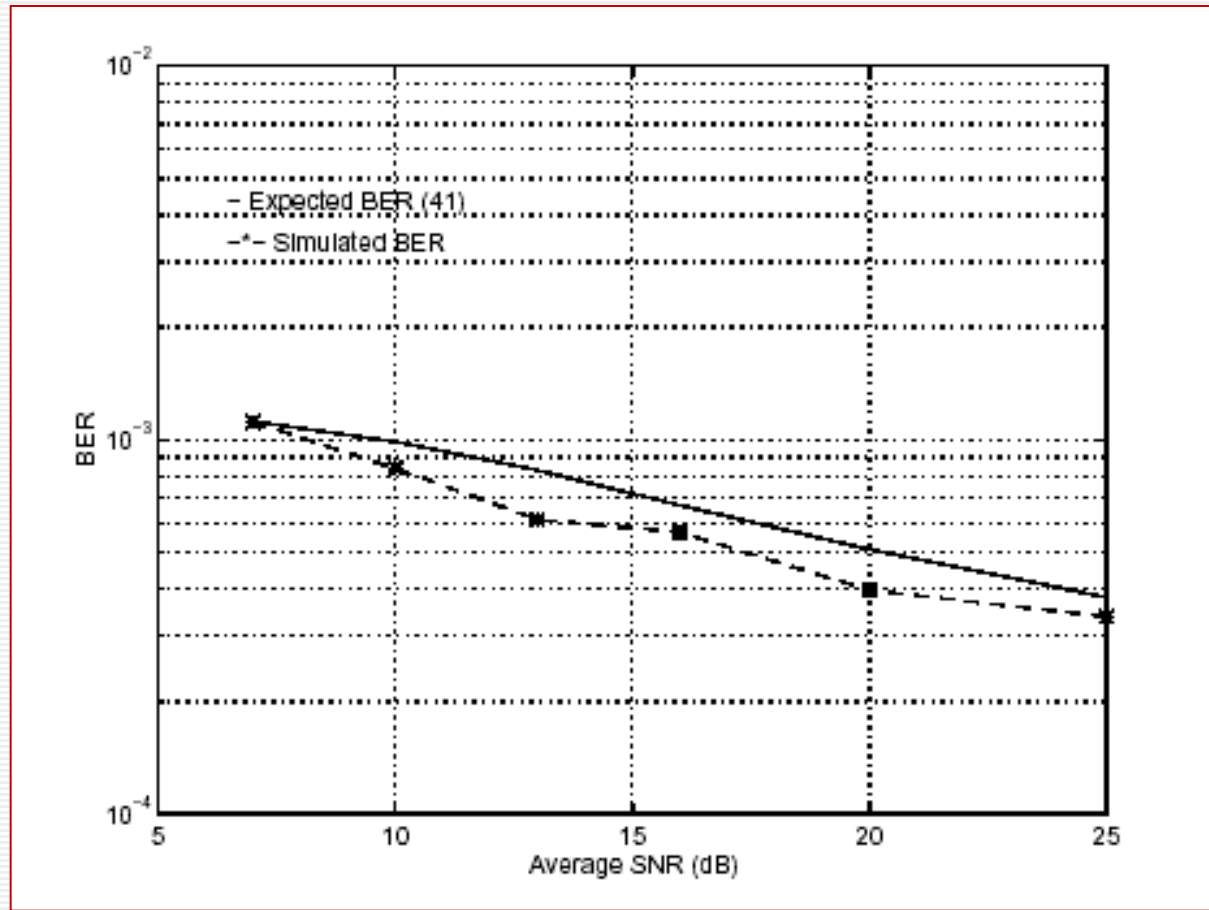
- For MQAM with Gray coding at high SNR

- BER:  $P_b \approx \frac{4}{\log_2 M} Q\left(\sqrt{\frac{3\gamma}{M-1}}\right)$  Received SNR
- For the  $j$ th signal constellation:  $\frac{E_s(j)}{N_0} = \frac{\gamma P_j(\gamma)}{\bar{P}} = \frac{M_j - 1}{K}$
- A more accurate analytical expression for the average BER associated with the adaptive policies.

$$\bar{P}_b = \sum_{j=1}^{N-1} \frac{4Q\left(\sqrt{3/K}\right)}{\log_2 M_j} \int_{\gamma_K^* M_j}^{\gamma_K^* M_{j+1}} p(\gamma) d\gamma$$

# Exact versus Approximate Bit Error Probability (2)

- BER for Rayleigh fading (five regions)





# Channel Estimation Error (1)

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- Suppose the transmitter adapts its power and rate relative to target BER  $P_b$ , based on the channel estimate  $\hat{\gamma}$  instead of the true value  $\gamma$

- Estimation error:  $\varepsilon = \hat{\gamma} / \gamma$

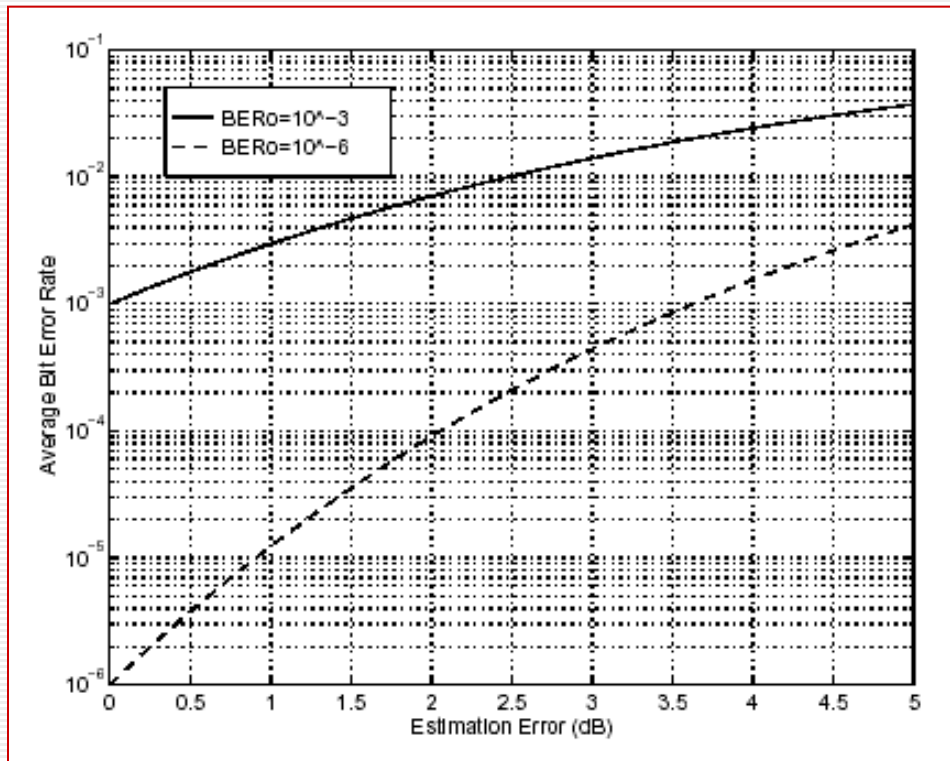
- BER

- $P_b(\gamma, \hat{\gamma}) \leq \frac{1}{5} \exp\left(\frac{-1.5\gamma}{M(\hat{\gamma})-1} \frac{P(\hat{\gamma})}{\bar{P}}\right) = \frac{1}{5} (5P_b)^{1/\varepsilon}$

- Effect of estimation error on BER

- $\bar{P}_b \leq \int_0^\infty \frac{1}{5} (5P_b)^{1/\varepsilon} p(\varepsilon) d\varepsilon$

# Channel Estimation Error (2)



constant  $\varepsilon$  :  $\bar{P}_b = 1$  dB (BER =  $10^{-3}$ ),  $\bar{P}_b = 0.5$  dB (BER =  $10^{-6}$ )

# Channel Estimation Delay (1)

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- Suppose the channel is estimated perfectly and the estimation delay is  $i_d$ 
  - At time  $i$ , the transmitter uses the delay version of channel estimate  $\hat{\gamma}[i] = \gamma[i - i_d]$
  - $$P_b(\gamma[i], \gamma[i - i_d]) \leq 0.2 \exp \left[ \frac{-1.5\gamma[i]}{M(\gamma[i - i_d]) - 1} \frac{P(\gamma[i - i_d])}{\bar{P}} \right]$$
$$= 0.2 [5P_{b0}]^{\gamma[i]/\gamma[i - i_d]}$$
  - $$P_b(i_d) \leq \int_{\gamma_K}^{\infty} \int_0^{\infty} \left[ 0.2 [5P_{b0}]^{\xi} p_{i_d}(\xi | \gamma) d\xi \right] p(\gamma) d\gamma$$
    - $\xi[i, i_d] = \gamma[i]/\gamma[i - i_d]$
    - $\gamma_K$  : the cutoff region of the optimal policy

# Channel Estimation Delay (2)

